

JUNE



NAM'S MARTIAL ARTS

Tae Kwon Do Studio

SUN	MON	TUE	WED	THU	FRI	SAT
	1 SPARRING	2 KICKING DRILLS	3 POOM SAE	4 POOM SAE	5 SELF - DEFENSE	6 KICKING DRILLS
7	8 POOM SAE	9 POOM SAE	10 SPARRING	11 KICKING DRILLS	12 SPARRING	13 CLOSED
14	15 KICKING DRILLS	16 SPARRING	17 POOM SAE	18 POOM SAE	19 SELF - DEFENSE	20 KICKING DRILLS
21	22 POOM SAE	23 POOM SAE	24 KICKING DRILLS	25 SPARRING	26 BELT TEST	27 SELF - DEFENSE
28	29 KICKING DRILLS	30 SPARRING				

BELT TEST TIME	CLASS TYPE	EVENTS
W, Y, O – 4:30 G, B, P/S – 5:00 R, BR – 5:45 SEMI, BLACK - 6:00	POOM SAE SPARRING KICKING DRILLS SELF - DEFENSE	<ul style="list-style-type: none"> • Birthday Party Reservation

